CAMPBELL COUNTY SENIOR CENTER AND WELLNESS CENTER

Senior Center
(859) 572-4300

3504 Alexandria Pike
Highland Heights, KY 41076

Wellness Center
(859) 547-3665

November 2026

***Registration Required and/or Payment due**

Monday	Tuesday	Wednesday	Thursday	Friday
Every Monday Ex. Equipment Computer/Library Pacesetters 9:30 Fit Friends* 9:30 Pinochle 9:30 WOW* 10:00 Canasta/Hand&Foot 11:00 Wii Bowling 12:00 Nickels 1:00 Choga* 2:00 Choga*	**Every Tuesday** Ex. Equipment Computer/Library Pacesetters 9:30 Line Dancing 9:30 Poker 10:15 Line Dancing 11:30 Yoga* 12:30 Euchre 12:45 Chair Tai Chi* 1:00 Chair Volleyball 1:45 Tai Chi*	**Every Wednesday** Ex. Equipment Computer/Library Pacesetters 9:00 Balance 4 Life* 9:30 Fit Friends* 10:00 Belly Dance* 11:00 Wii Bowling 12:00 Pinochle 12:30 Beginner Tai Chi* 1:30 Tai Chi* 3:00 Virtual Tai Chi	**Every Thursday** Ex. Equipment Computer/Library Pacesetters 9:00 WOW* 10:15 Line Dancing 11:30 Yoga* 12:00 Pinochle 1:00 Chair Volleyball 1:00 Choga* 2:00 Choga*	**Every Friday** Ex. Equipment Computer/Library Pacesetters 8:45 Choga* 9:30 Fit Friends* 10:00 Manipulation 10:00 Mah Jongg 10:15 Line Dancing 10:30 Hand & Foot 11:00 Wii Bowling 11:00 Line Dancing 1:00 Bingo 1:00 Chair Volleyball
2 **10:30 Presentation**	**3**	**4** **Belterra Day*** **12:45 Tai Chi***	**5**	**6** **11:00 Lunch & Learn**
9	**10** **10:00 Movie Day*** **11:30 Yoga*** **9:30 Vaccine Shots**	**11** **CLOSED VETERNS DAY**	**12** **1:00 Tech Day***	**13**
16	**17** **9:30 Craft Class*** **11:30 Yoga***	**18**	**19** **11:00 Book Club***	**20** **Thanksgiving Party***
23	**24**	**25** **Last Day to register for December Belterra***	**26** **CLOSED Thanksgiving**	**27** **CLOSED Thanksgiving**
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REMINDER - YOU MUST REGISTER FOR ALL PHYSICAL FITNESS CLASSES.

November 2nd, Monday 10:30AM Bridget McGinley MSN,RN, CPN,CWCN is doing a foot care presentation. ***Registration is required at front counter.***

November 4th, Wednesday Belterra Day - 10:00AM-10:00PM You must be a registered Senior center member & RSVP at the center each month. The last day to register for December is November 25th.

November 6th, Friday 11:00AM Marilyn Walker from Walker Funeral will present. Lunch will be provided. ***Registration is required at front counter***

November 10th, Tuesday 10:00AM - A Charlie Brown Thanksgiving. Featuring all of the Peanuts gang. Includes soft drink and popcorn. Donations $1.00. ***Register at front counter***

November 10th, Tuesday 9:30AM Joy from Ruwe Pharmacy will be giving vaccine shots**.** ***Sign up at the front counter for a time slot.***

November 12th, Thursday Tech Day Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Library will be happy to help guide you.

November 17th, Tuesday Craft Class 9:30AM - ***Registration is required***. Cost is $5.00 due at registration.

November 19th, Thursday 11:00AM Book Club discuss the current book and receive the next book to read.

November 20th, Friday 11:15AM Thanksgiving Day Luncheon. Cost is $10.00 a person due at Registration. **Must be signed up by 12:00PM by Thursday November 12th.** ***Register at front counter***